

2ND STEP PROGRAMS

MOM'S CLASSES

COUNSELING -

ADMINISTERED BY INTERN STUDENTS WORKING ON MASTERS DEGREE IN SOCIAL SERVICES OR PSYCHOLOGY UNDER SUPERVISION OF A LICENSED CLINICAL PSYCHOLOGIST, MFT, OR LCSW OR REFERRAL TO OUTSIDE AGENCY.

LIFE SKILLS – CLIENTS WORK TOGETHER WITH A CASEWORKER TO SET UP BUDGET PLAN, 10% SAVINGS PROGRAM, JOB SKILLS ASSESSMENT AND INTEGRATION INTO THE WORK FORCE. .

BOUNDARY POWER WEEKLY BIBLE STUDY — LEARN TO IDENTIFY BOUNDARIES AND BOUNDARY VIOLATIONS AND TO UNDERSTAND THE ROOTS OF BOUNDARY PROBLEMS. THESE EXERCISES TEACH YOU HOW TO SET CLEAR, HEALTHY BOUNDARIES IN ALL RELATIONSHIPS. LEARN TO BE OPEN TO OTHERS WITHOUT ALLOWING THEM TO TAKE ADVANTAGE OF YOU. TAKE CHARGE OF YOUR LIFE, EXPAND YOUR FREEDOM AND IMPROVE YOUR RELATIONSHIPS FROM A CHRISTIAN PERSPECTIVE. 1 ½ HRS A WEEK

PARENTS AND CHILDREN: GOD'S DESIGN FOR THE FAMILY BIBLE STUDY — 1 ½ HRS A WEEK FOR 6 WEEKS

HOW PEOPLE CHANGE BIBLE STUDY – THINKING THROUGH SPIRITUAL GROWTH– 1 ½ HRS A WEEK FOR 6 WEEKS

RAISING CHILDREN IN TROUBLED TIMES – PARENTING (VIDEO SERIES) – 1 ½ HRS A WEEK

COPING WITH KIDS (BOOK) PARENTING CLASS – 1 ½ HRS A WEEK

SHOWING MERCY: GETTING WHAT YOU GIVE – WEEKLY BIBLE STUDY – 1 ½ HRS A WEEK

PARENTHOOD – THIS PROGRAM TACKLES THE THORNY ISSUES PARENTS FACE TODAY. EACH SESSION COVERS A TOPIC THAT'S KEY TO EFFECTIVE PARENTING, FROM RAISING WELL-BALANCED KIDS TO OVERCOMING THE MISTAKES WE MAKE ALONG THE WAY

CHILDREN'S CLASS

COUNSELING - ADMINISTERED BY INTERN STUDENTS WORKING ON MASTERS DEGREE IN SOCIAL SERVICES OR PSYCHOLOGY UNDER SUPERVISION OF A LICENSED PROFESSIONAL OR REFERRAL TO OUTSIDE AGENCY.

GETTING ALONG - TEACHES CHILDREN PROBLEM SOLVING SKILLS AND APPROPRIATE SOCIAL INTERACTION (VIOLENT PLAY, SELFISHNESS, BOSSINESS, BULLYING, DISRESPECT FOR PUBLIC PROPERTY, OVER-COMPETITIVENESS AND POOR SPORTSMANSHIP). 1 ½ HOURS A WEEK

A VOLCANO IN MY TUMMY – HELPS CHILDREN 6 TO 12 YEARS OLD HANDLE THEIR ANGER SO THEY CAN LIVE SUCCESSFULLY, HEALTHILY, HAPPILY AND NONVIOLENTLY, WITH MOTIVATION, WITHOUT FEAR AND WITH GOOD RELATIONSHIPS.

CHILDREN'S BIBLE STUDY – GOODNESS, KINDNESS, GENTLENESS, FAITH, AND JOY